

How are you diagnosed with diabetes?

- Fasting Plasma Glucose Test (mg/dL):

Under 100	NORMAL
100-125	PRE-DIABETES (impaired fasting glucose)
126 and higher	DIABETES

- A1c test result
 - Provides an average glucose level for the past 2-3 months (A1c test result should be less than “7%” for most patients)
- Symptoms you have