



SUMMIT
MEDICAL
GROUP

MRN#

DOB:

Patient Name:

Date:

Provider:

COLONOSCOPY PREPARATION: SUPREP BOWEL PREP KIT

Your prescription has been sent electronically to your pharmacy.

*****FOLLOW THESE INSTRUCTIONS.**

DISREGARD THE MANUFACTURER'S INSTRUCTIONS***

DAY BEFORE COLONOSCOPY:

DO NOT EAT ANY TYPE OF SOLID FOOD. FOLLOW A CLEAR LIQUID DIET ONLY.

Clear liquid diet includes:

- Fruit juices without pulp (no orange or tomato juice)
- Gatorade
- Soft drinks
- Broth or Bouillon
- Jell-O
- Ice Popsicles
- Black Coffee or Tea
- Water
- Italian Ice

NO MILK OR MILK PRODUCTS / NO Nuts or seeds

NOTHING COLORED RED OR PURPLE

DAY BEFORE COLONOSCOPY:

At 5:00 p.m., take the first dose of SUPREP.

Pour one (1) 6-ounce bottle of SUPREP liquid into the mixing container.

Add cool drinking water to the 16-ounce line on the container and mix.

Drink ALL of the liquid in the container.

You MUST drink two (2) more 16-ounce containers of water over the next one (1) hour.

Continue the clear liquid diet.

DAY OF COLONOSCOPY:

FIVE (5) HOURS BEFORE YOUR PROCEDURE TIME – Take the 2nd dose of SUPREP

Pour one (1) 6-ounce bottle of SUPREP liquid into the mixing container.

Add cool drinking water to the 16-ounce line on the container and mix.

Drink ALL of the liquid in the container.

You MUST drink two (2) more 16-ounce containers of water over the next (1) hour.

- DO NOT EAT OR DRINK ANYTHING AFTER COMPLETION OF THE SECOND DOSE.
- YOU MUST BE DONE DRINKING FOUR (4) HOURS PRIOR TO YOUR PROCEDURE.

IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT, WE REQUIRE NOTIFICATION AT LEAST 2 DAYS BEFORE YOUR SCHEDULE DAY.