



PROVIDERS | SERVICES | PATIENT PORTAL

JULY 2020

# Thrive



**The Summer Safety Tips You Need to Know**

Summer has arrived and we're finally able to venture out of the house (responsibly, of course) to relax outdoors. But, as fun as summer can be, the season does carry some health risks.

[Learn More](#)



**Top 5 Reasons to Not Delay a Skin Check**



**Planning for Pregnancy?**



**Cancer Survivors Virtual Art Show**

## FROM A PATIENT'S PERSPECTIVE...

*"Dr. Ricks always makes me feel comfortable during my visits. She takes the time to answer all my questions and never makes our visits feel rushed. She has helped to ease my worries as I near the end of my pregnancy during the COVID pandemic." ~J.K. via NRC Health*

Now open for in-office appointments with the highest safety measures in place

Your **primary care** is our primary concern.



**SCHEDULE A SAFE IN-OFFICE OR TELEMEDICINE VISIT**



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