



PROVIDERS | SERVICES | PATIENT PORTAL

SEPTEMBER 2020

*Thrive*



## **A Guide to Flu Season**

Usually, flu season is fairly predictable. It generally runs from October through March, and the Centers for Disease Control and Prevention (CDC) uses data

from the previous year to determine which three or four A and B strains will likely circulate in the United States. This year, however, flu season isn't likely to be so run-of-the-mill.

[Learn More](#)



**What Your Pain Could Mean and What You Should Do**



**Ovarian Cancer Awareness**



**5 Ways to Boost Your Immune System**

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**FROM A PATIENT'S PERSPECTIVE...**

*"I can truly not put into words how amazing every nurse and doctor was ... They are truly the best doctors I have ever encountered ... I absolutely love each and every one of them."*

*~Judy M., Pain Management Patient*

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The Flu Shot Is Your Best Defense Against the Flu!

**GET YOURS TODAY!**  
[SCHEDULE AN APPOINTMENT! >](#)

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### *Comments or Questions?*



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