

# Thrive

A Summit Health Publication

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Life After Vaccination | Asthma, Allergies, COVID-19  
Skin Cancer Prevention | Optimizing Women's Health



## Vaccinate Your Way Back to Normal Life

Only a few months ago, life after COVID felt impossible to envision. But now, with vaccinations available for ages 16+ and projected for availability in as many Americans'

arms as possible by early summer, it isn't just a distant dream. It's a soon-to-be reality, according to the Centers for Disease Control and Prevention (CDC).

[Learn More](#)



The Facts About Asthma, COVID-19, and Seasonal Allergies



Five Ways to Protect Yourself from Skin Cancer



How Women Can Stay on Top of Their Health

*"Nurse Practitioner Dawn Wong was excellent. One of the best I have ever seen. Thank you!"*

*~ Summit Health audiology patient*

Well-child visits are important, and we're ready to see you!

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