



Common Communicable Illnesses | Healthy Aging
Concussion Management | Bladder Issues



It's Not Always COVID-19: Other Communicable Illness and Disease

As the fall equinox nears and we're still in the throes of the pandemic, it's important to remember that autumn and winter are also cold-and-flu season. It's not just COVID-19 that we need to be wary of—plenty of other transmittable illnesses await us as our children return to school and we head back to the office.

[Learn More](#)



How to Stay Healthy as You Age



Concussion: Strategies for Treatment and Prevention



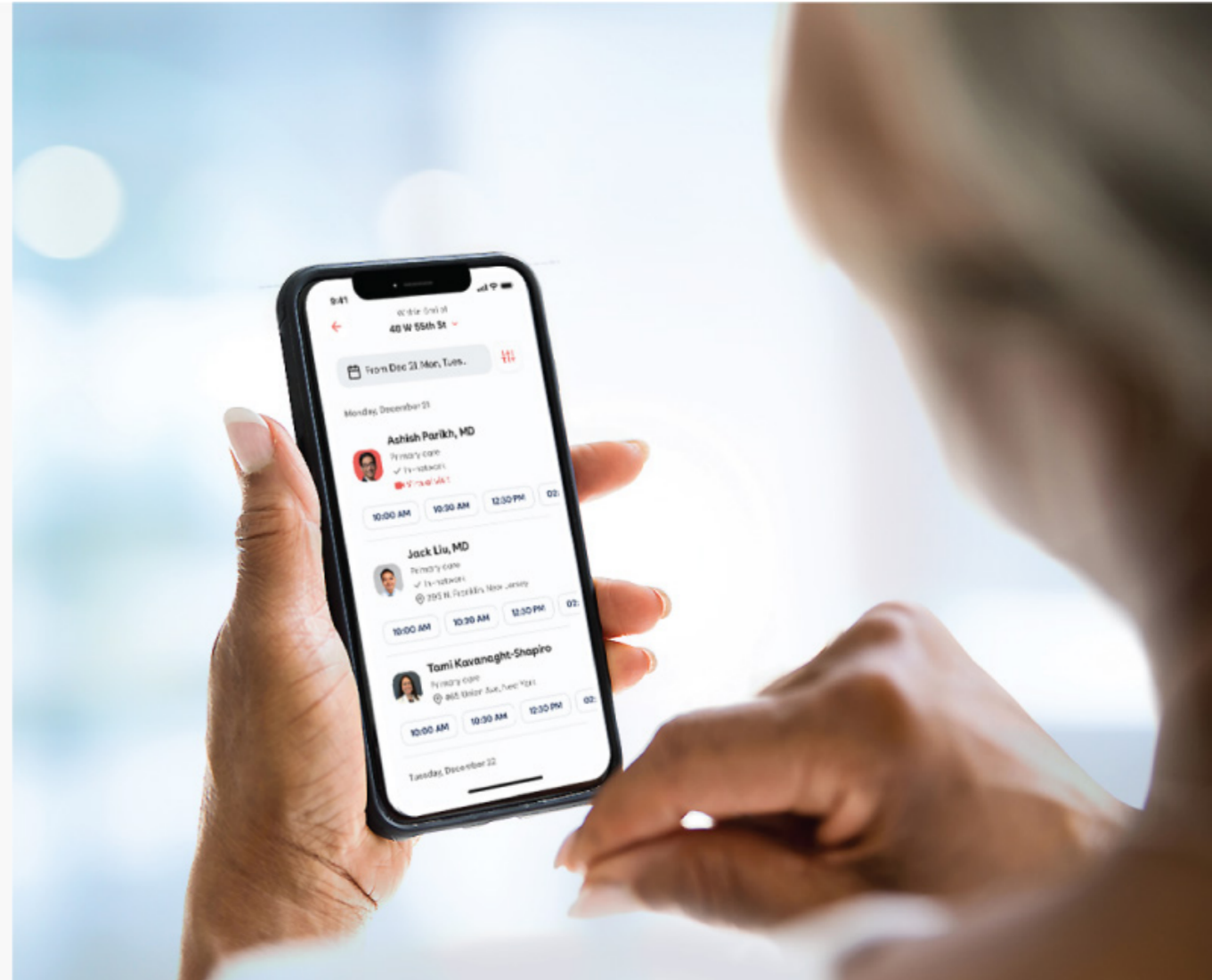
Preventing and Treating Bladder Issues

"Tim Dunne has provided excellent physical therapy over the years to rehabilitate my shoulder, my back, and most recently my right knee after surgery. I have complete confidence in him as he has been able to restore my active lifestyle every time."

~Summit Health Physical Therapy patient

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