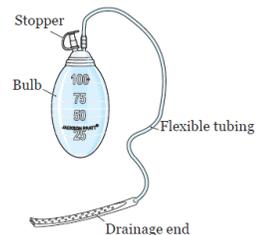


Jackson Pratt Drain

A Jackson-Pratt (JP) drain is a device that suctions and collects fluid from the surgical area. It promotes healing, recover, and the reduces the chance of infection. The drain will be in place until the drainage slows down enough for your body to reabsorb the fluid on its own.

How to Empty your JP Drain

1. Wash your hands thoroughly before emptying the drain.
2. Have the plastic measuring cup supplied to you ready to collect and measure the drainage.
3. Unpin the drain from your clothing
4. Gently pinch the tubing starting at the drainage end entering the skin, between the two fingers in one hand and then with the other hand, strip the fluid collected in the tube towards the bulb. You can use a small amount of alcohol on your finger to make it easier.
5. Open the top of the drain and wipe it with alcohol. Turn the drain upside down and squeeze the contents of the bulb into the measuring cup. Be sure to empty the bulb as much as possible.
6. Use the chart attached to record the amount of drainage three times a day or any time the bulb is full. Record the total of 24 hours.
7. To prevent infection, do not let the stopper or the top of the bottle touch the measuring cup or another surface.
8. Use one hand to squeeze all the air from the drain. With the drain still squeezed, use the other hand to replace the top. This creates the suction necessary to remove fluids from the body. Discard the drainage in the measure cup, in the toilet after measuring.
9. Pin the drain back to your clothing
10. Wash your hands again. Remember to wash your hands before and after the procedure.



Please notify the office with the following signs

- Redness, pus or swelling around the drain site
- A fever greater than 100.4
- Inability to flatten the bulb or drainage bottle
- The tube falls out

