

Questions to Ask Your Doctor about a Health Problem

Quality healthcare is a team effort. And as the most important member of your Care Team, you can make sure you get the best possible care by being prepared for your appointment and asking questions before, during and after your visit.

But what questions should you ask? If you're visiting your doctor to talk about a health problem, here's a list of questions you can print and bring to your appointment.

Don't forget, making sure you understand the answers you get is just as important. It's always a good idea to take notes. And if you don't understand or are confused, ask your doctor to explain the answer again.

- ☐ What is my diagnosis?
- ☐ Will I need any more tests?
- ☐ What are my treatment options?
- ☐ How soon do I need to make a decision about treatment?
- ☐ How much does my treatment cost?
- ☐ Is my treatment covered by insurance?
- ☐ Are there any side effects?
- ☐ What happens if I choose to not have treatment?
- ☐ What is the outlook for my future (prognosis)?
- ☐ Will I need special help at home?

Notes:
