

# By Your Side

Summer 2025



## What are Liver Spots?

Many people over age 50 develop dark, flat marks on their skin called liver spots. The good news is that these spots are generally harmless. We offer tips on the best ways to treat them and keep your skin looking youthful.

[Learn more](#)



**What You Should Know about Cervical Cancer and HPV Screening.**  
[Learn more](#)



**Listen to Your Body – It Can Save Your Life. A Grateful Patient Story.**  
[Learn more](#)

### Our award-winning GI Surgery Center is ready to see you!

We're proud that Summit Health is ranked as a Best Ambulatory Surgery Center for Colonoscopy & Endoscopy services by U.S. News & World Report in 2025.

[Learn more](#)

### Join us for a complimentary virtual webinar!

*From Ache to Action: Your Guide to Knee Pain.*  
Thurs, August 21, 6:00 pm – 6:45 pm ET

[Count me in!](#)

### Need care right away? No problem.

Summit Health and CityMD are one care team. Walk in or book a visit at our more than 180 urgent care locations in NJ, NY and CT.

[Book now](#)

### Come visit us!

Our multispecialty hubs in Clifton and Montclair, NJ, offer primary care, specialists in 20+ areas of medicine and advanced imaging services.

[Learn more - Clifton](#)  
[Learn more - Montclair](#)

### We are always *By Your Side*.

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### Resources on the go

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