

Living with Chronic Sinusitis: When Your Cold Doesn't Go Away

Spring 2026



Tired of dealing with sinus infections that never seem to go away? Relief is within reach. Our ear, nose and throat specialists can help you breathe easier and get you back to feeling like yourself again.

[Learn more](#)



Why Vaccines are Safe, Effective and Essential at Every Age.
New Treatment for GERD: A Grateful Patient Story

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What Your Plastic Surgeon Wishes You Knew.
Measles Vaccine: 5 Things Parents Should Know

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[Learn more](#)

Another year of award-winning care.

More than 230 Summit Health and Westmed physicians have been named 2026 Castle Connolly Top Doctors. Summit Health and Westmed also received several national, state and specialty accolades by Castle Connolly including: #1 Physician Practice in NJ | #3 Physician Practice in NY | #1 Physician Practice in Gastro NY.

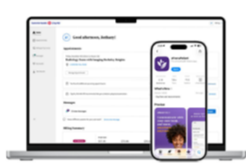
[See our Top Doctors](#)



Move better. Live stronger. Get expert joint care close to home.

Joint pain doesn't have to hold you back. Our orthopedic team supports you from your initial evaluation through recovery—using personalized care and advanced treatment options to help you find relief from pain and return to the activities you enjoy.

[Meet our Total Joint Team](#)



Stay connected to your care —anytime, anywhere.

Get everything you need for care in one convenient place with the new **athenaPatient mobile app**—message your care team, view test results, schedule appointments and more.

[Download today](#)

Check out our free virtual webinars.
Back and neck pain? When it's time to see a spine surgeon.

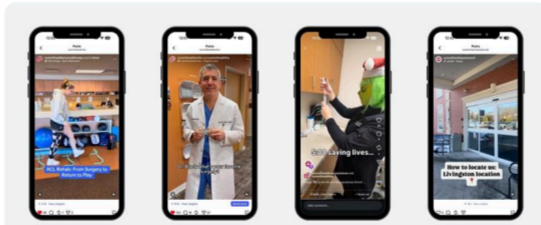
Back and neck pain are common as we age, but knowing when to seek specialized care can be confusing. Join board-certified surgeons [Dr. Richard Rhim](#) and [Dr. Vivek Natarajan](#) for a free webinar designed to help you better understand your spine, symptoms and treatment options. [RSVP today](#) or explore more upcoming webinars, including sessions on gut health, women's care and more.

[Webinar opportunities](#)

Stay connected beyond your visit.

Follow Summit Health and several of our departments on social media for expert tips, timely health information and a behind-the-scenes look at our care teams.

Gastroenterology: @summithealthgi	Peds on call: @summithealthpedsoncall
Neurosciences: @summithealthneurosciences	Plastic surgery: @plasticsurgerysh
Orthopedics: @summithealthortho	Physical therapy: @summithealthphysicaltherapy (IG)


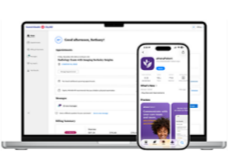


Find the words that matter: fill out our Summit Health word search.

We're committed to listening, treating you with respect and involving you in every step of your care. Explore a quick, engaging activity to help guide conversations about what matters most to you.

[Start the word search](#)

Resources on the go
Resources on the go

	
Can't wait for care? Walk into Summit Health Urgent Care.	Care at your fingertips. Download our new athenaPatient app.

