

Struggling to Lose Weight? Learn How Hormones and GLP-1 Medications Play a Role.

Summer 2026



Weight loss isn't just about diet and exercise—hormones and metabolism matter. Discover how Summit Health endocrinologists guide patients and when GLP-1 medications can aid weight management.

[Learn more](#)



When to Choose Urgent Care for Fast, Reliable Treatment in Kids and Adults.

[Learn more](#)



Robotic Outpatient Shoulder Replacement Surgery Makes History.

[Learn more](#)



Another Year of Award-Winning GI Care.

Summit Health's Ambulatory Surgery Center (ASC) in Berkeley Heights was named among NJ's 40 best ASCs for Colonoscopy and Endoscopy procedures by *U.S. News & World Report*. These procedures are performed by our skilled gastroenterologists, who rate above the national average as it relates to expertise and outcomes for both colonoscopy and endoscopy procedures.

[Learn more](#)

Missed One of Our Educational Webinars? Watch Now!

It's not too late to view the recording! From women's health to orthopedic care, we offer a variety of helpful resources right at your fingertips. Watch a past session today or explore our upcoming schedule to better understand your health concerns and feel confident in your care.

[Learn more](#)



Virtual Series for Young Breast Cancer Survivors.

Support after breast cancer starts here. Join our Virtual Series for Young Breast Cancer Survivors to learn about early menopause, long-term effects of treatment, sex and intimacy, and self-care.

This series offers practical tips and tools to help you cope with common side effects, build confidence and take charge of your health.

Registration is free, but required. [Learn more](#) and register at the link below.

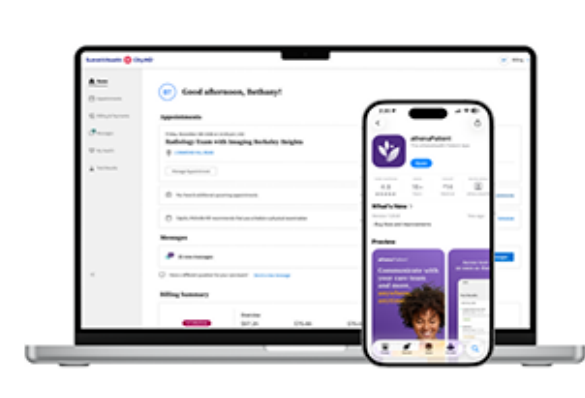
[Register now](#)

Resources on the go



Can't wait for care?

[Walk into Summit Health Urgent Care.](#)



Care at your fingertips.

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