Summit Health®

123 Highland Avenue, Suite 103, Glen Ridge, NJ 07028 Tel: 973-429-8800

Your Same Day Procedure is scheduled at:

Mountainside Hospital
1 Bay Avenue
Montclair, NJ 07042
973-429-6000

Suburban Endoscopy Center
799 Bloomfield Avenue
Verona, NJ 07044
973-571-1600

On _____ at _____with Dr. _____

Arrival time at the facility is _____for the Endoscopy,

Colonoscopy or _____

WHAT TO BRING:
Bring your insurance cards, and a picture ID.

WHEN TO GO:
- **IT WILL BE NECESSARY FOR YOU TO ARRANGE TO HAVE SOMEONE DRIVE YOU TO AND FROM THE FACILITY,**
  YOU MAY NOT TAKE A TAXI OR UBER HOME ALONE (MUST BE IN THE COMPANY OF FAMILY MEMBER OR FRIEND).
- You will be discharged the same day.

PREPARATION: If you are having a Colonoscopy and Endoscopy, follow Colonoscopy Instructions ***ONLY***.

If you are having an Upper Endoscopy: ***ONLY***
- **Do not** eat or drink after midnight the night before.
- **Do not** have breakfast the morning of the procedure.
- **Do not** drink water the morning of the procedure.
- If you are taking cardiac and/or hypertensive medications,
  You may take this medication at least 2 hours prior to your procedure with a small sip of water.

If you are having a Colonoscopy:
- Follow the preparation given to you by the office.

****** $100.00 CANCELLATION CHARGE FOR ALL APPOINTMENTS NOT KEPT OR CANCELLED WITHIN Five (5) BUSINESS DAY. CALL THE OFFICE DIRECTLY DURING BUSINESS HOURS. *NOT WITH THE ANSWERING SERVICE*. *********

If you need to call your insurance company to find out if your procedure is covered, use these codes.
- The procedure code for colonoscopy is 45378, 45380, 45385
  with diagnosis code _____
- The procedure code for endoscopy is 43239 with diagnosis code _____

Important Medication Information:

ONE WEEK BEFORE YOUR PROCEDURE:

- **DO NOT** take any iron, Vitamin E, Multi-vitamins, Supplements, or anti-inflammatory medications such as Aleve, Advil, or Ibuprofen. If necessary, Tylenol is OK.
- If you are taking aspirin for medical reasons, you should continue to take it up until the day prior to the procedure. If the dose exceeds 325mg daily, please contact the office. Do not take any extra over-the-counter aspirin for 7 days prior to the procedure.
- Blood thinners: Will be directed by doctor with instructions on when to stop.
- Diabetic patients: Contact your primary medical doctor for instructions
- Blood pressure, seizure, and heart medications can be taken the morning of the procedure with a sip of water

Diabetic and Weight Loss medications that must be held prior to your procedure:

• Ozempic	Wegovy	Saxenda	Victoza	Trulicity	Mounjaro
• Byetta	Rybelsus	Adlyxin	Xultophy	Soliqua	Zepbound

ALL GLP MEDCIATION MUST BE STOPPED **8** DAYS PRIOR TO THE PROCEDURE

If this medication is being taken for diabetes management, then please consult with the prescribed physician for alternative means of glucose control.

All medications may be restarted after surgery.

**** Please note, because of how important this is for your safety, failure to stop this medication will result in postponement of your surgery ****